

## Finding More Research –

### Use the References, Bibliography, and Footnotes (Three Examples)

You will often be required to find not just one research article on a topic, but perhaps four, eight, or even a dozen or more research articles on that same topic.

**If you can find one good research article you may well have a shortcut to finding many more.**

Remember, a research article contains **references**, or a **bibliography**, or even **footnotes**. These point to other resources – often other research articles – that you can also add to your collection.

As you read **the introduction** of a research article the author(s) will refer to other similar research.

For instance, consider the excerpts from the introduction of the following article:

Ross, S. E., Niebling, B. C., & Heckert, T. M. (1999). Sources of stress among college students. *Social Psychology*, 61(5), 841-846.

“College students, especially freshmen, are a group particularly prone to stress (D’Zurilla & Sheedy, 1991) due to the transitional nature of college life (Towbes & Cohen, 1996). ...”

“... stress results from the interaction between stressors and the individual’s perception and reaction to those stressors (Romano 1992).”

“If stress is not dealt with effectively, feelings of loneliness and nervousness, as well as sleeplessness and excessive worrying may result (Wright, 1967).”

Each of these in-text citations can be matched to a full citation in the **References** that appear at the end of this paper. That means that from just reading the introduction you may now have four additional articles.

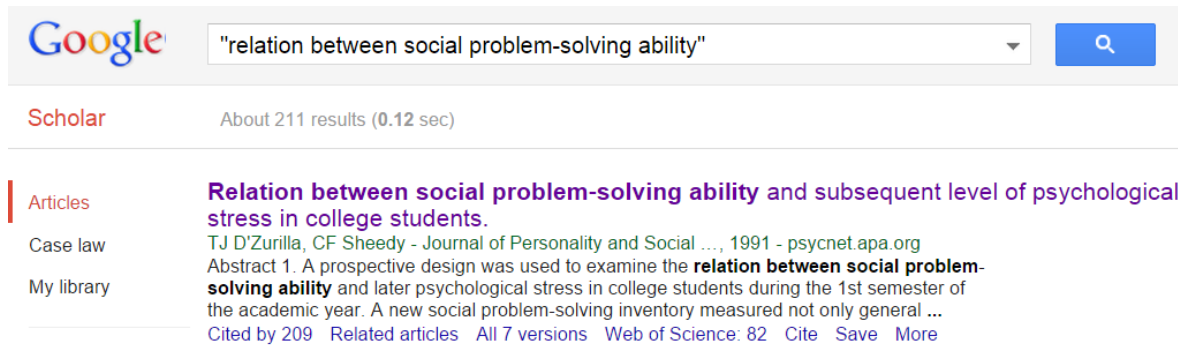
### Example I

Go to the References.

Find the articles in the list of References.

e.g. D’Zurilla, T. J., & Sheedy, C. F. (1991). Relation between social problem-solving ability and subsequent level of psychological stress in college students. *Journal of Personality and Social Psychology*, 61(5), 841-846.

Take a portion of the title of the D’Zurilla & Sheedy article – “Relation between social problem-solving ability” – and search for it, in quotes, within [Google Scholar](#).



If you are on campus you can just click on the title and access this via APA PsycNET.

## Example 2

Now try another ... say perhaps:

Towbes, L. C., & Cohen, L. H. (1996). Chronic stress in the lives of college students: Scale development and prospective prediction of distress. *Journal of youth and adolescence*, 25(2), 199-217.

Again take a portion of the title of the Towbes & Cohen article - "chronic stress in the lives of college students" – and search for it, in quotes, within [Google Scholar](#).



If you click on the title of this article you will be asked to purchase the article. Don’t do that! Instead click on the **More** option at the bottom of the record.

Once you've clicked on the **More** option you'll get additional options including **Find it! @ UNI**.

### Chronic stress in the lives of college students: Scale development and prospective prediction of distress

LC Towbes, LH Cohen - Journal of youth and adolescence, 1996 - Springer

Abstract This article reports the development of the 54-item College Chronic Life Stress Survey (CCLSS) and its use in prospective studies of the relationship between chronic stress and psychological distress in college students. Study 1 demonstrated the CCLSS's ...

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When you click on the **Find it! @ UNI** you will be pointed to a link for full text ... and all is well.

### Full Text Article Level Links





Full text available via **ABI/INFORM Complete** 1992-02-01 to present (Embargo: 1 year)

## Example 3

Another article that can be found from our original research is:

Rocha-Singh, I. A. (1994). Perceived stress among graduate students: Development and validation of the graduate stress inventory. *Educational and Psychological Measurement*, 54(3), 714-727.

Again, take part of the title, and search for it in [Google Scholar](#):



**Scholar** About 50 results (0.08 sec)

Articles

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**Perceived stress among graduate students: Development and validation of the graduate stress inventory**  
IA Rocha-Singh - Educational and Psychological Measurement, 1994 - epm.sagepub.com  
Abstract This article presents evidence from three samples, one of graduate students at both doctoral and master's level, another entirely of first-year doctoral students, and the other solely of master's students, to assess the psychometric characteristics of a theory-driven ...  
Cited by 48 Related articles All 3 versions Web of Science: 7 Cite Save **More**

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This time ... there is no link to full text

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Search for print copy in **Library Catalog (UNISTAR)**

Clicking on **OneSearch** (Library Catalog) will take you to the following screen:

## Educational and psychological measurement (Online)

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## Educational and psychological measurement.

American College Personnel Association.

Durham, N.C., etc., Educational and psychological measurement, etc. 1941

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Click on **Find in Library** – the one with the Location UNI Compact Period.

(Since you already know you can't get it online, **don't click** on the choice labeled Find Online).

Now you'll see that the library owns the old paper (print) copies from 1941 – 2013. Print copies from 1941 – 1985 are in the (blue colored) Compact Periodicals shelving units on the first floor of the library. However, the article by Rocha-Singh is from 1994. Journals published after 1985 are in the (gray colored) Periodicals shelving units on the first floor of the library.

## Educational and psychological measurement.

American College Personnel Association.

Durham, N.C., etc., Educational and psychological measurement, etc. 1941

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... BF1 .E3 is found on the **OneSearch** record.

### Educational and psychological measurement.

American College Personnel Association.

Durham, N.C., etc., Educational and psychological measurement, etc. 1941

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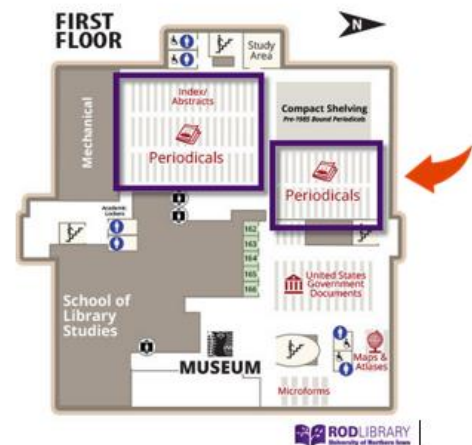
[About](#)

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Bring the information contained in the article citation with you so that you will be able to find the article downstairs (first floor of library).

Rocha-Singh, I. A. (1994). Perceived stress among graduate students: Development and validation of the graduate stress inventory. *Educational and Psychological Measurement*, **54**(3), 714-727.

- You can head downstairs to the UNI Periodicals (gray colored shelves on floor 1)
- Find the location of the call number **BF1 .E3** in this area.
- Grab volume **54** (published in 1994)
- Turn to page **714**
- Cry out “Eureka” (if that helps)



Then take this volume to the nearest digital scanner and you'll have a copy to read from your e-mail ... when you find time to read it.